

Dartmouth-Hitchcock, Northeast Delta Dental, Charles Schwab and The Hypertherm Hope Foundation present:

# The Real Cost to Business: The Mental Health and Addiction Crisis

8:00 am - 12:30 pm, Wednesday March 28, 2018 Southern  
New Hampshire University – Mara Auditorium, Webster Hall,  
2500 N. River Road, Hooksett, NH

<https://www.snhu.edu/student-experience/regional-center-experience/manchester-nh>

This forum is an opportunity to explore the challenges for employers of addressing behavioral health issues in the workplace. Mental health disorders, co-occurring addiction issues and their impact in workplace, is staggering. Supporting employees who are grappling with mental health issues and the stigma associated with those issues is not insurmountable, but addressing them with a new perspective and supportive treatment options are needed. Those are just some of the topics which will be addressed during this forum. Attendees will leave having heard best practices, insights and considerations for assisting employees, and helping businesses to build a culture of health that ultimately aligns with business goals.

## Featured Speakers:

### Bob McDonald

8th Secretary, Department of Veterans Affairs, Retired Chairman, President, and Chief Executive Officer, Procter & Gamble

### Rebecca Hamilton

Co-owner and VP of Research and Development, W.S. Badger Company

## Panelists and Moderators:

### Marty Boldin, LICSW, MLADC, LCS

Governor's Recovery Friendly Workplace Initiative

### John T. Broderick Jr.

Senior Director Public Affairs, Dartmouth-Hitchcock

### Kate Frey

Vice President Advocacy, New Futures

### Craig Kramer

Mental Health Ambassador, Johnson & Johnson Company

### Robert McLellan, MD, MPH

Section Chief, Office Occupational and Environmental Medicine, Dartmouth-Hitchcock

### Ken Norton

Executive Director, NAMI New Hampshire

### Amanda Grappone Osmer

CEO, Grappone Automotive Group

### Tom Raffio

President & CEO, Northeast Delta Dental

### Seddon Savage, MD

Advisor, Dartmouth-Hitchcock Substance Use & Mental Health Initiative

### Joe Sifer

Executive Vice President, Booz Allen

### Will Torrey, MD

Professor and Vice Chair for Clinical Services, Department of Psychiatry, Dartmouth-Hitchcock

## Register at:

<https://therealcosttobusiness.eventbrite.com>

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## AGENDA

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|----------------------------|---|
| <b>8:00 am - 8:30 am</b>   | <b>Registration and Continental Breakfast</b>   |
| <b>8:30 am - 8:35 am</b>   | <b>Welcome Message</b><br>Tom Raffio  |
| <b>8:35 am - 8:55 am</b>   | <b>Welcome Message:</b> Dr. Joanne Conroy<br><b>Opening Remarks:</b> Governor Chris Sununu  |
| <b>8:55 am – 9:00 am</b>   | <b>Overview</b><br>Tom Raffio   |
| <b>9:00 am - 9:45 am</b>   | <b>Leading Change. Making Lives Better</b><br>Robert A. McDonald  |
| <b>9:45 am - 10:30 am</b>  | <b>Behavioral Health Challenges &amp; Opportunities in the Work Place</b><br>Craig Kramer, Will Torrey MD, Kate Frey, Ken Norton<br>Moderated by John Broderick   |
|                            | <i>What do businesses gain by better addressing behavioral health in the workplace? Why is a case of the flu treated differently from depression? The panelists will address the challenges of allowing behavioral health disorders to go untreated and the resulting economic and human costs. The panelists will also discuss the spiral of losses related to delay in treatment and the longer term cost in loss of work-time hours and mounting worker's compensation costs. They will also discuss approaches and opportunities to strengthen the workplace and ways to support staff grappling with behavioral health issues.</i> |
| <b>10:30 am - 10:45 am</b> | <b>Break</b>  |
| <b>10:45 am- 11:15 am</b>  | <b>One Organization's Experience in Supporting All Workers</b><br>Rebecca Hamilton  |
| <b>11:15 am – 12:00 pm</b> | <b>Transforming Workplace Cultures to Support All Workers</b><br>Joe Sifer, Amanda Grappone Osmer, Ken Norton<br>Moderated by Seddon Savage, MD   |
|                            | <i>Developing goals for a healthy workplace and the pathways to achieve them is a challenge becoming familiar to businesses. Creating an environment that nurtures healing, wellness as well as one which supports employees in recovery or treatment is an issue with which many businesses grapple. We will discuss how to build and sustain workplace wellness initiatives.</i>  |
| <b>12:00 pm – 12:20 pm</b> | <b>Illuminating Shared Workplace Goals and the Many Pathways to Achieve Them</b><br>Robert McLellan, MD, MPH  |
| <b>12:20 pm - 12:30 pm</b> | <b>Next Steps and Wrap Up</b><br>Tom Raffio   |